

UTREC COVID-19 Guidelines

(Based on NJ Dept. of Health and CDC guidelines and recommendations)

The continuation and success of this season is dependent upon everyone doing their part. The following guidelines will be followed at each event (practice/game):

- Every athlete, family member / spectator, referee, and coach should be symptom free prior to each activity. It is each person's responsibility to each other when assessing and deciding to attend. If you feel unwell, or are presenting symptoms, STAY HOME and follow the quarantine guidance as issued by the CDC. The importance of staying home when experiencing symptoms of COVID-19 (actual or suspected); residing with someone experiencing symptoms of COVID19 (actual or suspected), or a suspected exposure to COVID-19 is crucial to the effectiveness of any plan and stopping/mitigating the spread of COVID-19.

We actively encourage sick staff, families, and players to stay home. There is no reprisal or benching or penalizing of an athlete or family should they be considerate, selfless, and cautious enough to stay home. In addition, there will be no stigma placed upon them.

- A parent or guardian must complete an electronic COVID-19 pre-screening form for each athlete prior to him/her coming to each session (game and practice). This form will be emailed the morning of the day of the event for completion and is highly recommended to be submitted no later than a ½ hr. prior to the event so that you are not delayed upon arrival and the event starts on time.
- Coaching staff are not required to wear cloth or disposable face coverings at this time.
- Athletes and families (vaccinated) are not required to wear cloth or disposable face coverings on the way to, at, or when leaving the field. Unvaccinated people (including children) are highly recommended to wear face masks.
- Face coverings are **not** required to be worn by athletes during play.
- Players will follow social distancing guidelines while on sidelines and during breaks. Masks are not required at this time.
- Spectators (parents/guardians) are expected to social distance (6 ft.). Masks are not required at this time.
- No sharing of water coolers, water bottles, or food. Please provide your child with individual adequate drink and or snack. Team snacks are not allowed.
- Unnecessary physical contact will be discouraged including huddles, high fives, fist bumps, handshakes, etc.
- Please do not linger at fields or congregate before or after games/practices.
- No spitting.

Union Township Recreation, in accordance with issued guidance, may institute mask wearing at their discretion.